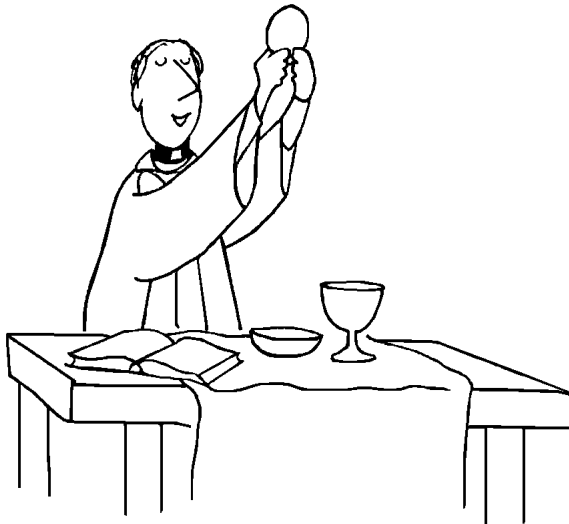


Jesus is with us too!



During the Liturgy of the Eucharist, the Mass follows closely what Jesus Himself did at the Last Supper. The priest does the actions and says the words of Jesus.

When he says: **THIS IS MY BODY**, at this exact moment, it is no longer bread, but truly the Body of Christ. When he says: **THIS IS THE CUP OF MY BLOOD** it is no longer wine, but Jesus' true blood, shed for the forgiveness of our sins.



Jesus is now present Body, Blood, Soul and Divinity, really and truly present in the Eucharist. Jesus is in every host, in every part of every host. He is in every drop in the cup. Jesus gives Himself to us in Communion.